

Member Alert: Measles Outbreak in Utah - Protect Your Family

Important Health Alert: Measles Outbreak in Utah

Dear Imperial Health Plan Member,

Utah is currently experiencing a measles outbreak. We want to help you protect yourself and your family.

What's Happening

Health officials in Utah have confirmed multiple measles cases, including some in vaccinated individuals. While the MMR vaccine is highly effective, breakthrough infections can occur during outbreaks. The good news: vaccination still provides strong protection and makes illness much milder if you do get sick.

Who Needs Extra Protection Right Now

Infants 6-12 months old: If you have a baby in this age group, talk to your doctor about getting an early MMR dose. This extra dose helps protect your baby during the outbreak. Your baby will still need the regular two doses later (at 12-15 months and 4-6 years).

Adults born before 1989: You may have received only one MMR dose as a child. A second dose increases your protection from 94% to 97-99%. We encourage you to get a second dose now.

Anyone with only one MMR dose: If you or your child received just one dose, now is the time to get the second dose. You can receive it as soon as 28 days after the first dose.

Not sure about your vaccination status? Your doctor can check your records or do a simple blood test. Getting an extra dose is safe even if you've already had two doses.

What to Watch For

Measles symptoms include:

- High fever (101°F or higher)
- Rash
- Cough, runny nose, or red eyes

If you develop these symptoms, call your doctor before going to the clinic. This helps protect other patients.

Getting Vaccinated is Easy

The MMR vaccine is covered at no cost to you as preventive care. You can get vaccinated at:

- Your primary care doctor's office
- Urgent care centers in our network
- Many pharmacies

No appointment needed at most locations.

Questions?

Call Member Services at the number on your ID card. Our nurses are available 24/7 to answer your questions about measles and vaccination.

Protecting your family is our priority.

Sincerely,

Imperial Health Plan