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HEALTH MAINTENANCE ORGANIZATION (HMO)

SCHEDULE OF BENEFITS

Imperial Standard Gold Off Exchange

Imperial Health Plan of the Southwest is a Utah domiciled health maintenance organization.

SCHEDULE OF BENEFITS

This Schedule of Benefits lists the **deductibles, copayments** if any, which apply to the **eligible health services you** get under this plan. **You** should read this schedule to become aware of these and any limits that apply to the services.

How To Read Your Schedule of Benefits

- **You** must pay any **deductibles, copayments** if they apply.
- **You** must pay the full amount of any health care service **you** get that is not a **covered benefit**.
- This plan has limits for some **covered benefits**. For example, these could be:
 - Visit limits
 - Day limits
 - Dollar limits

IMPORTANT NOTE:

All **covered benefits** are subject to the **calendar year deductible, maximum out-of-pocket limit, copayments** or **coinsurance** unless otherwise noted in this Schedule of Benefits below.

How Your Deductible Works

This Schedule of Benefits shows the **deductible** amounts that apply to **your** plan. Once **you** have met **your deductible, we** will start sharing the cost when **you** get **eligible health services**. **You** will continue to pay **copayments** or **coinsurance**, if any, for **eligible health services** after **you** meet **your deductible**.

How Your PCP Or Physician Office Visit Cost Share Works

You will pay the **PCP** cost share when **you** get **eligible health services** from the **PCP you** select. **You** will pay the **specialist** cost share when **you** get **eligible health services** from a network **PCP** that is not **your PCP**. If **you** did not select a **PCP you** will pay the **specialist** cost share for **eligible health services** from any network **PCP** or network **specialist**.

How Your Maximum Out-Of-Pocket Limit Works

This Schedule of Benefits shows the **maximum out-of-pocket limits** that apply to **your** plan. Once **you** reach **your maximum out-of-pocket limit, your** plan will pay for **eligible health services** for the remainder of that year.

How To Contact Us For Help

We are here to answer **your** questions. **You** can:

- Go to our website at www.ImperialHealthPlan.com
- Call the number on **your** ID card

Imperial Health Plan of the Southwest's **Policy** provides the coverage described in this Schedule of Benefits. This schedule replaces any Schedule of Benefits previously in use. Keep it with **your Policy**.

Plan Features –Deductible And Maximum Out-Of-Pocket Limits

Deductible

You Have To Meet Your Deductible Before This Plan Pays For Benefits.

Deductible	In-Network
Individual	\$2,000
Family	\$4,000

Deductible Waiver

The in-network **deductible** is waived for all of the following **eligible health services**:

- Preventive care and wellness
- Family planning services – female contraceptives
- Nutritional Support

Maximum Out-Of-Pocket Limit

Maximum Out-Of-Pocket Limit	In-Network
Individual	\$8,200
Family	\$16,400

General Coverage Provisions

This section explains the **deductible**, **maximum out-of-pocket limit** and limitations listed in this schedule.

Deductible Provisions

- **Your deductible** may apply to **eligible health services** provided under the medical plan and the outpatient **prescription drug** plan.
- The **deductible** may not apply to certain **eligible health services**. **You** must pay any applicable cost share for **eligible health services** to which the **deductible** doesn't apply.

Individual Deductible

You pay for **eligible health services** each year before the plan begins to pay. This individual **deductible** applies separately to **you** and each covered dependent. Once **you** have reached the **deductible**, this plan will begin to pay for **eligible health services** for the rest of the year.

Family Deductible

You pay for **eligible health services** each year before the plan begins to pay. After the amount paid for **eligible health services** reaches **your family deductible**, this plan will begin to pay for **eligible health services** for the rest of the year.

To satisfy this family **deductible** for the rest of the year, the combined **eligible health services** that **you** and each of **your** covered dependents incur towards the individual **deductible** must reach this family **deductible** in a year.

When this happens in a year, the individual **deductibles** for **you** and **your** covered dependents are met for the rest of the year.

Deductible Credit

If **you** paid part or all of **your deductible** under other coverage for the year that this plan went into effect, **we** will deduct the amount paid under the other coverage from the **deductible** on this plan for the same year. If **we** ask, **you** must submit a detailed explanation of benefits (EOB) showing the dates and amount of the **deductible** met from the other coverage in order to receive the credit.

Maximum Out-Of-Pocket Limit Provisions

- **Eligible health services** that are subject to the **maximum out-of-pocket limit** may include **covered benefits** provided under the medical plan and the outpatient **prescription drug** plan.
- This plan may have an individual and family **maximum out-of-pocket limit**. As to the individual **maximum out-of-pocket limit**, each of **you** must meet **your maximum out-of-pocket limit** separately.

Individual Maximum Out-Of-Pocket Limit

Once **you** or **your** covered dependents meet the individual **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered benefits** that apply toward the limit for the rest of the year for that person.

Family Maximum Out-Of-Pocket Limit

Once **you** or **your** covered dependents meet the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered benefits** that apply toward the limit for the remainder of the year for all covered family members.

To satisfy this family **maximum out-of-pocket limit** for the rest of the year, the following must happen:

- The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members
- The family **maximum out-of-pocket limit** is met by a combination of family members
- No one person within a family will contribute more than the individual **maximum out-of-pocket limit** amount in a year

If the **maximum out-of-pocket limit** does not apply to a **covered benefit**, **your** cost share for that **covered benefit** will not count toward satisfying the **maximum out-of-pocket limit** amount. Certain costs that **you** incur do not apply toward the **maximum out-of-pocket limit**. These include:

- All costs for non-covered services
- Any out of pocket costs for non-emergency use of the emergency room
- Any out of pocket costs incurred for non-urgent use of an urgent care **provider**
- Amounts received from a third-party **copay** assistance program, like a manufacturer coupon or rebate, for a **specialty prescription drug**

Your Financial Responsibility And Decisions Regarding Benefits

We base **your** financial responsibility for the cost of services on when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of **stays** that occur in more than one year. Decisions regarding when benefits are covered are subject to the terms and conditions of the **Policy**.

Eligible Health Services

1. Preventive Care And Wellness

Description	In-Network
Preventive care and wellness	\$0 copay, no deductible applies

Preventive Care And Wellness includes:

- Routine physical exams performed at a **physician** office
- Preventive care immunizations performed at a facility or at a **physician** office
- Well woman preventive visits including routine gynecological exams and Pap smears) performed at a **physician**, obstetrician (OB), gynecologist (GYN) or OB/GYN office
- Preventive screening and counseling services which includes obesity and/or healthy diet counseling, misuse of alcohol and/or drugs, use of tobacco products, sexually transmitted infection counseling, genetic risk counseling for breast and ovarian cancer - office visits
- Routine cancer screenings performed at a **physician, specialist** office or facility
- Prenatal care services - provided by an OB, GYN, or OB/GYN
- Comprehensive lactation support and counseling services - facility or office visits
- Breast feeding durable medical equipment - breast pump supplies and accessories
- Family planning services – female contraceptive counseling services office visit, devices, voluntary sterilization

Preventive Care And Wellness Benefit Limits

Routine Physical Exams

- Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration guidelines for children and adolescents
- High risk Human Papillomavirus Virus (HPV) DNA testing

Preventive Care Immunizations

Subject to any age limits provided for in the comprehensive guidelines supported by Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention. For details, contact **your physician**.

Well Woman Preventive Visits

Subject to any age limits provided for in the comprehensive guidelines supported by the Health Resources and Services Administration.

Preventive Screening And Counseling Services

- Obesity and/or healthy diet
- Misuse of alcohol and/or drugs
- Use of tobacco products
- Sexually transmitted infection
- Genetic risk counseling for breast and ovarian cancer

Routine Cancer Screenings

Subject to any age; family history; and frequency guidelines as set forth in the most current:

- Evidence-based items that have in effect a rating of A or B in the current recommendations of the United States Preventive Services Task Force
- The comprehensive guidelines supported by the Health Resources and Services Administration

Lung cancer screenings that exceed the cancer-screening limit are covered under the Outpatient Diagnostic Testing section.

Prenatal Care Services

Review the Maternity, Related Newborn Care, And Adoption section of **your Policy**. It will give **you** more information on coverage levels for maternity care under this plan.

Comprehensive Lactation Support And Counseling Services

- Lactation counseling services either in a group or individual setting
- Lactation counseling services are covered under this benefit for the duration of the member's needs for counseling and support

Breast Feeding Durable Medical Equipment

See the Breast Feeding Durable Medical Equipment section of the **Policy** for limitations on breast pump and supplies.

Family Planning Services

Contraceptive counseling services limited to 2 visits per 12 months in either a group or individual setting

2. Physicians And Other Health Professionals

Physician Services/Primary Care Physician (PCP) Visit

Description	In-Network
Office hours visits (non-surgical) non preventive care	\$30 copay , no deductible applies
Telemedicine or telehealth consultation by a Physician	\$30 copay , no deductible applies

Your Policy pays for its share of the expense for **eligible health services** only if the general requirements are met. They are:

- The eligible health service is medically necessary
- **You** get **your** care from:
 - **Your PCP**
 - Another **network provider** after **you** get a **referral** from **your PCP**
- **You** or **your provider** **preauthorizes** the **eligible health service** when required

Specialist Office Visits

Description	In-Network
Office hours visit (non-surgical)	\$60 copay , no deductible applies
Telemedicine or telehealth consultation by a Specialist	\$60 copay , no deductible applies

Allergy Testing And Treatment

Description	In-Network
Performed at a physician or specialist office visit	25.00% Coinsurance after deductible

Immunizations That Are Not Considered Preventive Care

Description	In-Network
Immunizations that are not considered preventive care	25% coinsurance after deductible

Medical Injectables

Description	In-Network
Performed at a physician or specialist office	25% coinsurance after deductible

Physician Surgical Services

Description	In-Network
Inpatient surgical services	25.00% Coinsurance after deductible
Performed at a physician or specialist office	25.00% Coinsurance after deductible

3. Inpatient and Outpatient Hospital Services

Hospital Care

Description	In-Network
Inpatient hospital	25.00% Coinsurance after deductible

Specialty Prescription Drugs

Description	In-Network
Performed in a physician office, outpatient department of a hospital , other outpatient facility that is not a hospital , or in the home	25% coinsurance after deductible

4. Extended Care Services

Outpatient Surgery

Description	In-Network
Physician/Surgical services performed in hospital outpatient department or other facility	25.00% Coinsurance after deductible
Outpatient Facility Fee (e.g., Ambulatory Surgical Center)	25.00% Coinsurance after deductible

Home Health Care

Description	In-Network
Outpatient	25.00% Coinsurance after deductible
Visit limit per year	Coverage is limited to 30 visits per calendar year

Hospice Care

Description	In-Network
Inpatient services	25.00% Coinsurance after deductible
Outpatient services	25.00% Coinsurance after deductible
Visit Limit	Coverage is limited to 6 months per 3 years

Skilled Nursing Facility

Description	In-Network
Inpatient facility	25.00% Coinsurance after deductible
Day limit per year	Coverage is limited to 30 days per calendar year

5. Emergency Services

A Separate **Hospital** Emergency Room (Or Comparable Facility/Freestanding Emergency Medical Care Facility) Or Urgent Care Cost Share Will Apply For Each Visit To An Emergency Room Or An Urgent Care **Provider**.

Description	In-Network
Hospital emergency room (or comparable facility/freestanding emergency medical care facility)	25.00% Coinsurance after deductible
Non-emergency care in a hospital emergency room (or comparable facility/freestanding emergency medical care facility)	Not covered

IMPORTANT NOTE:

Out-of-network providers do not have a contract with us. We will pay the **provider** at our usual and customary rate or at an agreed rate charge. The **provider** may not accept payment of **your** cost share (**deductible, copayment**) as payment in full. **You** may receive a bill for the difference between the amount billed by the **provider** and the amount paid by this plan. If the **provider** bills **you** for an amount above **your** cost share, **you** are not responsible for paying that amount. **You** should send the bill to the address listed on the back of your ID card, and **we** will resolve any payment dispute with the **provider** over that amount. Make sure the member's ID number is on the bill. If **you** are admitted to a **hospital** as an inpatient right after a visit to an emergency room (or comparable facility/freestanding emergency medical care facility) and **you** have an emergency room **copay**, **your copay** will be waived.

6. Urgent Care Services

Description	In-Network
Urgent medical care at a free standing facility that is not a hospital	\$45 copay , no deductible applies
Non-urgent use of urgent care provider at a free standing facility that is not a hospital	Not covered

7. Pregnancy and Maternity Care

Family Planning Services - Other

Voluntary Sterilization for Males

Description	In-Network
Inpatient	25% coinsurance after deductible
Outpatient	25% coinsurance after deductible

Maternity And Related Newborn Care

Prenatal and Postnatal Care Services

Description	In-Network
Inpatient and other maternity and prenatal related services and supplies	\$30 copay , no deductible applies

Delivery and Maternity Care Services

Description	In-Network
Inpatient and newborn care services and supplies	25.00% Coinsurance after deductible
Well Baby Visits and Care	\$0 copay no deductible applies

Adoption Services

Description	In-Network
Adoption Services	25% coinsurance after deductible , up to \$4,000

IMPORTANT NOTE:

When **you** receive services from an OB, GYN or OB/GYN for prenatal care, **you** will not incur a cost share. However, **you** will incur a cost share for delivery and postpartum care services received by an OB, GYN or OB/GYN.

8. Pediatric

Pediatric Vision Care

Coverage is limited to covered persons through the end of the month in which the person turns 19

Routine Vision Exams (Including Refraction)

Description	In-Network
Routine vision exams	0% coinsurance , no deductible applies
Visit limit per year	Coverage is limited to 1 exam every 12 months

Pediatric Vision Care Services And Supplies

Coverage is limited to covered persons through the end of the month in which the person turns 19

Description	In-Network
Office visit for fitting of contact lenses	Not covered
Eyeglass frames, prescription lenses or prescription contact lenses	0% coinsurance , no deductible applies

Limits

Description	Limit
Number of eyeglass frames per year	One set of eyeglass frames
Number of prescription lenses per year	One pair of prescription lenses
Number of prescription contact lenses per year	Daily disposables: up to 3 month supply Extended wear disposable: up to 6 month supply Non-disposable lenses: one set

IMPORTANT NOTE:

Refer to the *Pediatric Vision Care* section in the **Policy** for the explanation of these vision care supplies. As to coverage for **prescription** lenses in a year, this benefit will cover either **prescription** lenses for eyeglass frames or **prescription** contact lenses, but not both.

Pediatric Dental Care

Coverage is limited to covered persons through the end of the month in which the person turns 19

Description	In-Network
Diagnostic and Preventive Services	0% coinsurance , no deductible applies
Basic Services	Services not covered
Major Services	Services not covered
Medically Necessary Orthodontic Services	Services not covered

- Diagnostic and Preventive Services
 - Diagnostic: procedures to aid the Provider in determining required dental treatment.
 - Preventive: cleanings, including scaling in presence of generalized moderate or severe gingival inflammation - full mouth (periodontal maintenance is considered to be a Basic Benefit for payment purposes), topical application of fluoride solutions, space maintainers.
 - Sealants: topically applied acrylic, plastic or composite materials used to seal developmental grooves and pits in permanent molars for the purpose of preventing decay.
 - Specialist Consultations: opinion or advice requested by a general dentist.
- Basic Services
 - General Anesthesia or IV Sedation: when administered by a Provider for covered Oral Surgery or selected endodontic and periodontal surgical procedures.
 - Periodontal Cleanings: periodontal maintenance.
 - Palliative: emergency treatment to relieve pain.
 - Restorative: amalgam and resin-based composite restorations (fillings) and prefabricated stainless steel restorations for treatment of carious lesions (visible destruction of hard tooth structure resulting from the process of decay).
- Major Services
 - Crowns and Onlays/Inlays: treatment of carious lesions (visible decay of the hard tooth structure) when teeth cannot be restored with amalgam or resin-based composites.
 - Prosthodontics: procedures for construction of fixed bridges, partial or complete dentures and the repair of fixed bridges; implant surgical placement and removal; and for implant supported prosthetics, including implant repair and recementation.
 - Oral Surgery: extractions and certain other surgical procedures (including pre-and post-operative care).
 - Endodontics: treatment of diseases and injuries of the tooth pulp.
 - Periodontics: treatment of gums and bones supporting teeth.
 - Denture Repairs: repair to partial or complete dentures, including rebase procedures and relining.

- Night Guards/Occlusal Guards: intraoral removable appliances provided for treatment of harmful oral habits.

Limitations

1. Services that are more expensive than the form of treatment customarily provided under accepted dental practice standards are called "Optional Services". Optional Services also include the use of specialized techniques instead of standard procedures. If an Enrollee receives Optional Services, an alternate Benefit will be allowed, which means We will base Benefits on the lower cost of the customary service or standard practice instead of on the higher cost of the Optional Service. The Enrollee will be responsible for the difference between the higher cost of the Optional Service and the lower cost of the customary service or standard procedure.
2. Claims shall be processed in accordance with Our standard processing policies. The processing policies may be revised from time to time; therefore, We shall use the processing policies that are in effect at the time the claim is processed. We may use dentists (dental consultants) to review treatment plans, diagnostic materials and/or prescribed treatments to determine generally accepted dental practices and to determine if treatment has a favorable prognosis.
3. If a primary dental procedure includes component procedures that are performed at the same time as the primary procedure, the component procedures are considered to be part of the primary procedure for purposes of determining the Benefit payable under this Policy. If the Provider bills separately for the primary procedure and each of its component parts, the total Benefit payable for all related charges will be limited to the maximum Benefit payable for the primary procedure.
4. Exam and cleaning limitations:
 - i) We will pay for oral examinations (except after hours exams and exams for observation) and routine cleanings, including scaling in presence of generalized moderate or severe gingival inflammation (or any combination thereof) no more than once every six (6) months. Periodontal maintenance are limited to four (4) times in a 12-month period. Up to four (4) periodontal maintenance procedures and up to two (2) routine cleanings, including scaling in presence of generalized moderate or severe gingival inflammation (or any combination thereof) not to exceed four (4) procedures in a 12-month period. See note on additional Benefits during pregnancy.
 - ii) A full mouth debridement is allowed once in a lifetime, when the Enrollee has no history of prophylaxis, scaling and root planing, periodontal surgery, or periodontal maintenance procedures within three years, and counts toward the cleaning frequency in the year provided.
 - iii) Note that periodontal maintenance, Procedure Codes that include periodontal maintenance, and full mouth debridement are covered as a Basic Benefit, and routine cleanings including scaling in presence of generalized moderate or severe gingival inflammation are covered as a Diagnostic and Preventive Benefit. Periodontal maintenance is only covered when performed following active periodontal therapy.

- iv) Caries risk assessments are allowed once in 12 months.
 - v) Full mouth debridement is not allowed when performed by the same dentist/dental office on the same day as evaluation procedures.
5. Application of caries arresting medicament is limited to twice per tooth per Calendar Year.
6. Image limitations:
- i) We will limit the total reimbursable amount to the Provider's Accepted Fee for a comprehensive intraoral series when the fees for any combination of intraoral images in a single treatment series meet or exceed the Accepted Fee for a comprehensive intraoral series.
 - ii) When a panoramic image is submitted with supplemental image(s), We will limit the total reimbursable amount to the Provider's Accepted Fee for a comprehensive intraoral series.
 - iii) If a panoramic image is taken in conjunction with an intraoral comprehensive series, We consider the panoramic image to be included in the comprehensive series.
 - iv) A comprehensive intraoral series and panoramic image are each limited to once every 60 months.
 - v) Bitewing images are limited to once every six (6) months. Bitewings of any type are not billable to the Enrollee or Us within 6 months of a full mouth series.
 - vi) Image capture procedures are not separately allowable services.
7. The fee for pulp vitality tests are included in the fee for any definitive treatment performed on the same date.
8. Topical application of fluoride solutions is limited to twice within a 12-month period.
9. A distal shoe space maintainer - fixed - unilateral is limited to children 8 and younger and is limited to once per quadrant per lifetime. A separate/additional space maintainer can be allowed after the removal of a unilateral distal shoe. The removal of a fixed space maintainer is considered to be included in the fee for the space maintainer; however, an exception is made if the removal is performed by a different Provider/Provider's office.
10. Sealants are limited as follows:
- i) once in 36 months to permanent molars if they are without caries (decay) or restorations on the occlusal surface.
 - ii) repair or replacement of a Sealant on any tooth within 24 months of its application is included in the fee for the original placement.
11. Preventive resin restorations in a moderate to high risk caries risk patient - permanent tooth are limited to once per tooth in 36 months.
12. Specialist Consultations count toward the oral exam frequency. Screenings of patients or assessments of patients reported individually when covered, are limited to only one in a 12-month period and included if reported, with any other examination on the same

date of service and Provider office.

13. We will not cover replacement of an amalgam or resin-based composite restorations (fillings) within 24 months of treatment if the service is provided by the same Provider/Provider office. Prefabricated crowns are limited to once per Enrollee per tooth in any 60-month period. Replacement restorations within 24 months are included in the fee for the original restoration.
14. Protective restorations (sedative fillings) are allowed when definitive treatment is not performed on the same date of service. The fee for protective restorations is included in the fee for any definitive treatment performed on the same date.
15. Prefabricated stainless steel crowns are allowed on baby (deciduous) teeth and permanent teeth through age 14. Replacement restorations within 24 months are included in the fee for the original restoration.
16. Therapeutic pulpotomy is limited to baby (deciduous) teeth only; an allowance for an emergency palliative treatment is made when performed on permanent teeth.
17. Pulpal therapy (resorbable filling) is limited to once in a lifetime and to primary incisor teeth for Enrollees up to age 6 and for primary molars and cuspids up to age 11. Retreatment of root canal therapy by the same Provider/Provider office within 24 months is considered part of the original procedure.
18. Apexification is only benefited on permanent teeth with incomplete root canal development or for the repair of a perforation.
19. Retreatment of apical surgery by the same Provider/Provider office within 24 months is considered part of the original procedure.
20. Fees for additional pins on the same tooth on the same date are considered a component of the initial pin placement.
21. Palliative treatment is covered per visit, not per tooth, and the fee for palliative treatment provided in conjunction with any procedures other than images or select Diagnostic procedures is considered included in the fee for the definitive treatment.
22. Periodontal limitations:
 - i) Benefits for periodontal scaling and root planing in the same quadrant are limited to once in every 24-month period. In the absence of supporting documentation, no more than two quadrants of scaling and root planing will be benefited on the same date of service. See note on additional Benefits during pregnancy.
 - ii) Periodontal surgery in the same quadrant is limited to once in every 36-month period and includes any surgical re-entry or scaling and root planing performed within 36 months by the same dentist/dental office.
 - iii) Periodontal services, including graft procedures are only covered for the treatment of natural teeth and are not covered when submitted in conjunction with extractions, periradicular surgery, ridge augmentation or implants.
 - iv) Bone grafts are not benefited in conjunction with soft tissue grafts in the same surgical area.

- v) Periodontal surgery is subject to a 30 day wait following periodontal scaling and root planing in the same quadrant.
 - vi) Cleanings (regular and periodontal) and full mouth debridement are subject to a 30 day wait following periodontal scaling and root planing if performed by the same Provider office.
 - vii) When implant procedures are a covered Benefit, scaling and debridement in the presence of inflammation or mucositis of a single implant, including cleaning of the implant surfaces, without flap entry and closure is covered as a Basic Benefit and are limited to once in a 24-month period.
23. Collection and application of autologous blood concentrate product are limited to once every 36 months.
24. Crowns and Inlays/Onlays are covered not more often than once in any 60-month period except when We determine the existing Crown or Inlay/Onlay is not satisfactory and cannot be made satisfactory because the tooth involved has experienced extensive loss or changes to tooth structure or supporting tissues. Services will only be allowed on teeth that are developmentally mature.
25. Core buildup, including any pins, is covered not more than once in any 60-month period.
26. Prefabricated post and core, in addition to crown is covered once per tooth every 60-month period.
27. Resin infiltration of incipient smooth surface lesions is covered once in any 36-month period.
28. When allowed within six (6) months of a restoration, the Benefit for a Crown, Inlay/Onlay or fixed prosthodontic service will be reduced by the Benefit paid for the restoration.
29. Prosthodontic appliances, implants and/or implant supported prosthetics (except for implant/abutment supported removable dentures) that were provided under any Delta Dental program will be replaced only after 60 months have passed, except when We determine that there is such extensive loss of remaining teeth or change in supporting tissue that the existing fixed bridge or denture cannot be made satisfactory. Replacement of a prosthodontic appliance and/or implant supported prosthesis not provided under a Delta Dental program will be made if We determine it is unsatisfactory and cannot be made satisfactory. Services will only be allowed on teeth that are developmentally mature. Diagnostic and treatment facilitating aids for implants are considered a part of, and included in, the fees for the definitive treatment. Our payment for implant removal is limited to one (1) for each implant within a 60-month period whether provided under Delta Dental or any other dental care plan.
30. Debridement and/or osseous contouring of a peri-implant defect, or defects surrounding a single implant, and includes surface cleaning of the exposed implant surface, including flap entry and closure is allowed once every 60-month period.
31. An implant is a covered procedure of the plan only if determined to be a dental necessity. If an arch can be restored with a standard prosthesis or restoration, no Benefits will be allowed for the individual implant or implant procedures. Only the

second phase of treatment (the prosthodontic phase-placing of the implant crown, bridge denture or partial denture) may be subject to the alternate Benefit provision of the plan.

32. When a posterior fixed bridge and a removable partial denture are placed in the same arch in the same treatment episode, only the partial denture will be a Benefit.
33. Recementation of Crowns, Inlays/Onlays or bridges is included in the fee for the Crown, Inlay/Onlay or bridge when performed by the same Provider/Provider office within six (6) months of the initial placement.
34. The initial installation of a prosthodontic appliance and/or implants is not a Benefit unless the prosthodontic appliance and/or implant, bridge or denture is made necessary by natural, permanent teeth extraction occurring during a time the Enrollee was under a Delta Dental plan.
35. We limit payment for dentures to a standard partial or complete denture (Enrollee Coinsurances apply). A standard denture means a removable appliance to replace missing natural, permanent teeth that is made from acceptable materials by conventional means and includes routine post delivery care including any adjustments and relines for the first six (6) months after placement.
 - i) Denture rebase is limited to one (1) per arch in a 36-month period and includes any relining and adjustments for six (6) months following placement.
 - ii) Dentures, removable partial dentures and relines include adjustments for six (6) months following installation. After the initial six (6) months of an adjustment or reline, relining is limited to one (1) per arch in a 36-month period. Immediate dentures, and immediate removable partial dentures include adjustments for three (3) months following installation. After the initial three (3) months of an adjustment or reline, relining is limited to one (1) per arch in a 36-month period.
 - iii) Tissue conditioning is not allowed as a separate Benefit when performed on the same day as a denture reline or rebase service.
36. Occlusal guards are covered by report for Enrollees age 13 or older when the purpose of the occlusal guard is for the treatment of bruxism or diagnoses other than temporomandibular joint dysfunction (TMJD). Occlusal guards are limited to one (1) per 12 consecutive month period. We will not cover the repair or replacement of any appliances for Night Guard/Occlusal Guard. Adjustment of an occlusal guard is allowed once in 12 months following six months from initial placement.
37. Limitations on Orthodontic Services:
 - i) Services are limited to medically necessary orthodontics when provided by a Provider. Orthodontic treatment is a Benefit of this dental plan only when medically necessary as evidenced by a severe handicapping malocclusion and when a prior authorization is obtained.
 - ii) Orthodontic procedures are a Benefit only when the diagnostic casts verify a minimum score of 26 points on the Handicapping Labio-Lingual Deviation

(HLD) Index or one of the automatic qualifying conditions below exist.

- iii) The automatic qualifying conditions are:
 - i. Cleft palate deformity. If the cleft palate is not visible on the diagnostic casts written documentation from a credentialed specialist shall be submitted, on their professional letterhead, with the prior authorization request,
 - ii. A deep impinging overbite in which the lower incisors are destroying the soft tissue of the palate,
 - iii. A crossbite of individual anterior teeth causing destruction of soft tissue,
 - iv. Severe traumatic deviation.
- iv) The following documentation must be submitted with the request for prior authorization of services by the Provider:
 - i. ADA 2006 or newer claim form with service code(s) requested;
 - ii. Diagnostic study models (trimmed) with bite registration; or OrthoCad equivalent;
 - iii. Cephalometric radiographic image or panoramic radiographic image;
 - iv. HLD score sheet completed and signed by the Orthodontist; and
 - v. Treatment plan.
- v) The allowances for comprehensive orthodontic treatment procedures (D8080, D8090) include all appliances, adjustments, insertion, removal and post treatment stabilization (retention). No additional charge to the Enrollee is permitted.
- vi) Comprehensive orthodontic treatment includes the replacement, repair and removal of brackets, bands and arch wires by the original Provider.
- vii) Orthodontic procedures are Benefits for medically necessary handicapping malocclusion, cleft palate and facial growth management cases for Enrollees under the age of 19 and shall be prior authorized.
- viii) Only those cases with permanent dentition shall be considered for medically necessary handicapping malocclusion, unless the Enrollee is age 13 or older with primary teeth remaining. Cleft palate and craniofacial anomaly cases are a Benefit for primary, mixed and permanent dentitions. Craniofacial anomalies are treated using facial growth management.
- ix) All necessary procedures that may affect orthodontic treatment shall be completed before orthodontic treatment is considered.
- x) When specialized orthodontic appliances or procedures chosen for aesthetic considerations are provided, We will make an allowance for the cost of a standard orthodontic treatment. The Enrollee is responsible for the difference between the allowance made towards the standard orthodontic treatment and the dentist's charge for the specialized orthodontic appliance or procedure.
- xi) Repair and replacement of an orthodontic appliance inserted under this

dental plan that has been damaged, lost, stolen, or misplaced is not a covered service.

- xii) Orthodontics, including oral evaluations and all treatment, must be performed by a licensed dentist or their supervised staff, acting within the scope of applicable law. The dentist of record must perform an in-person clinical evaluation of the patient (or the telehealth equivalent where required under applicable law to be reimbursed as an alternative to an in-person clinical evaluation) to establish the need for orthodontics and have adequate diagnostic information, including appropriate radiographic imaging, to develop a proper treatment plan. Self-administered (or any type of “do it yourself”) orthodontics are not covered.
- xiii) The removal of fixed orthodontic appliances for reasons other than completion of treatment is not a covered Benefit.

38. The fees for synchronous/asynchronous Teledentistry services are considered inclusive in overall patient management and are not separately payable services.

Exclusions

We do not pay Benefits for:

1. services that are not Essential Health Benefits.
2. treatment of injuries or illness covered by workers' compensation or employers' liability laws; services received without cost from any federal, state or local agency, unless this exclusion is prohibited by law.
3. cosmetic surgery or procedures for purely cosmetic reasons.
4. maxillofacial prosthetics.
5. provisional and/or temporary restorations (except an interim removable partial denture to replace extracted anterior permanent teeth during the healing period for children 16 years of age or under). Provisional and/or temporary restorations are not separately payable procedures and are included in the fee for completed service.
6. services for congenital (hereditary) or developmental (following birth) malformations, including but not limited to cleft palate, upper and lower jaw malformations, enamel hypoplasia (lack of development), fluorosis (a type of discoloration of the teeth) and anodontia (congenitally missing teeth), except those services provided to children for medically diagnosed congenital defects or birth abnormalities.
7. treatment to stabilize teeth, treatment to restore tooth structure lost from wear, erosion, or abrasion or treatment to rebuild or maintain chewing surfaces due to teeth out of alignment or occlusion. Examples include but are not limited to: equilibration, periodontal splinting, or complete occlusal adjustments.
8. any Single Procedure provided prior to the date the Enrollee became eligible for services under this plan.

9. prescribed drugs, medication, pain killers, antimicrobial agents, or experimental/investigational procedures.
10. charges for anesthesia, other than general anesthesia and IV sedation administered by a Provider in connection with covered oral surgery or selected endodontic and periodontal surgical procedures. Local anesthesia and regional/or trigeminal bloc anesthesia are not separately payable procedures.
11. extraoral grafts (grafting of tissues from outside the mouth to oral tissues).
12. laboratory processed crowns for teeth that are not developmentally mature.
13. endodontic endosseous implants.
14. indirectly fabricated resin-based Inlays/Onlays.
15. charges by any hospital or other surgical or treatment facility and any additional fees charged by the Provider for treatment in any such facility.
16. treatment by someone other than a Provider or a person who by law may work under a Provider's direct supervision.
17. charges incurred for oral hygiene instruction, a plaque control program, preventive control programs including home care times, dietary instruction, image duplications, cancer screening, tobacco counseling or broken appointments are not separately payable procedures.
18. dental practice administrative services including, but not limited to, preparation of claims, any non-treatment phase of dentistry such as provision of an antiseptic environment, sterilization of equipment or infection control, or any ancillary materials used during the routine course of providing treatment such as cotton swabs, gauze, bibs, masks or relaxation techniques such as music.
19. procedures having a questionable prognosis based on a dental consultant's professional review of the submitted documentation.
20. any tax imposed (or incurred) by a government, state or other entity, in connection with any fees charged for Benefits provided under the Policy, will be the responsibility of the Enrollee and not a covered Benefit.
21. Deductibles and/or any service not covered under the dental plan.
22. services covered under the dental plan but exceed Benefit limitations or are not in accordance with processing policies in effect at the time the claim is processed.
23. the initial placement of any prosthodontic appliance or implant, unless such placement is needed to replace one or more natural, permanent teeth extracted while the Enrollee is covered under the Policy or was covered under any dental care plan with Delta Dental. The extraction of a third molar (wisdom tooth) will not qualify under the above. Any such denture or fixed bridge must include the replacement of the extracted tooth or teeth.
24. services for any disturbance of the temporomandibular (jaw) joints (TMJ) or associated musculature, nerves and other tissues.
25. services for Orthodontic treatment (treatment of malocclusion of teeth and/or jaws) except medically necessary Orthodontics provided a prior authorization is obtained.

26. missed and/or cancelled appointments.
27. actions taken to schedule and assure compliance with patient appointments are inclusive with office operations and are not a separately payable service.
28. the fees for care coordination are considered inclusive in overall patient management and are not a separately payable service.
29. dental case management motivational interviewing and patient education to improve oral health literacy.
30. non-ionizing diagnostic procedure capable of quantifying, monitoring and recording changes in structure of enamel, dentin, and cementum.
31. extra-oral – 2D projection radiographic image and extra-oral posterior dental radiographic image.
32. diabetes testing.
33. corticotomy (specialized oral surgery procedure associated with orthodontics).
34. antigen or antibody testing.
35. counseling for the control and prevention of adverse oral, behavioral, and systemic health effects associated with high-risk substance use.

9. Specific Therapies and Tests

Outpatient Diagnostic Testing

Description	In-Network
Diagnostic Complex Imaging Services	25.00% Coinsurance after deductible
Diagnostic Lab Work	25.00% Coinsurance after deductible
Diagnostic Radiological Services (x-rays)	25.00% Coinsurance after deductible

IMPORTANT NOTE:

Cost shares for diagnostic mammograms will be considered the same as mammograms performed for routine cancer screenings as described in the [Preventive Care And Wellness](#) section. Diagnostic mammograms are not subject to any age limitation.

IMPORTANT NOTE:

Even if **you** receive **eligible health services** at a health care facility that is a **network provider**, not all services may be in network. Other services **you** receive may be from a **physician** or facility that is an **out-of-network provider**. **Providers** that may not be **network providers** include anesthesiologists, radiologists, pathologists, neonatologists, emergency room physicians and assistant surgeons. **You** may receive a bill for services from these **out-of-network providers**, as **we** paid them at **our** usual and customary rate or at an agreed rate. **We** will work with the **providers** so that all **you** pay is your appropriate network level **copayments**. If **you** are in receipt of a balance bill for covered services from any physician or **provider**, including a facility-based physician or other health care practitioner please contact **us**.

Outpatient Therapies

Chemotherapy

Description	In-Network
Chemotherapy	25.00% Coinsurance after deductible

Outpatient Infusion Therapy

Description	In-Network
Performed in a physician office, person's home, outpatient facility, or outpatient department of a hospital	25.00% Coinsurance after deductible

Radiation Therapy (Therapeutic Radiology)

Description	In-Network
Radiation therapy	25.00% Coinsurance after deductible

Short-Term Cardiac And Pulmonary Rehabilitation Services

A visit is equal to no more than 1 hour of therapy.

Description	In-Network
Cardiac and pulmonary rehabilitation	25.00% Coinsurance after deductible

Short-Term Rehabilitation Therapy Services

A visit is equal to no more than 1 hour of therapy.

Outpatient Physical Therapy

Description	In-Network
Physical Therapy (PT)	\$30 copay , no deductible applies
Visit limit per year	Coverage is limited to 20 visits per calendar year

Outpatient Occupational Therapy

Description	In-Network
Occupational Therapy (OT)	\$30 copay , no deductible applies
Visit limit per year	Coverage is limited to 20 visits per calendar year

Outpatient Speech Therapy

Description	In-Network
Speech Therapy (ST)	\$30 copay , no deductible applies
Visit limit per year	Coverage is limited to 20 visits per calendar year

Habilitation Therapy Services

Description	In-Network
Physical, occupational, and speech therapies	\$30 copay , no deductible applies
Visit limit per year	Coverage is limited to 20 visits per calendar year

10. Other Services and Conditions

Ambulance Service

Description	In-Network
Emergency ambulance	25.00% Coinsurance after deductible
Non-emergency ambulance	25.00% Coinsurance after deductible

IMPORTANT NOTE:

- **Out-of-network providers** do not have a contract with **us**. **We** will pay the **provider** at **our** usual and customary rate or at an agreed rate charge. The **provider** may not accept payment of **your** cost share (**copayment**), as payment in full. **You** may receive a bill for the difference between the amount billed by the **provider** and the amount paid by this plan. If the **provider** bills **you** for an amount above **your** cost share, **you** are not responsible for paying that amount.
- **You** should send the bill to the address listed on the back of **your** ID card, and **we** will resolve any payment dispute with the **provider** over that amount. Make sure the member's ID number is on the bill.

Durable Medical Equipment (DME)

Description	In-Network
DME	25.00% Coinsurance after deductible
Limit per year	None

Nutritional Support

Description	In-Network
Inherited Metabolic Disorder - PKU	25.00% Coinsurance after deductible

Orthotic Devices

Description	In-Network
Orthotic devices	25% coinsurance after deductible

Prosthetic Devices

Description	In-Network
Prosthetic devices	25.00% Coinsurance after deductible

Autism Spectrum Disorder

Description	In-Network
Autism spectrum disorder	\$30 copay , no deductible applies
Applied behavior analysis	\$30 copay , no deductible applies

Diabetic Equipment, Supplies And Education

Description	In-Network
Diabetic equipment, supplies, and education	25.00% Coinsurance after deductible

Behavioral Health

Mental Health Treatment

Coverage provided under the same terms, conditions as any other **illness**.

Description	In-Network
Inpatient mental health treatment	25.00% Coinsurance after deductible
Other inpatient mental health treatment services and supplies	25.00% Coinsurance after deductible
Outpatient mental health treatment visits to a physician or behavioral health provider	\$30 copay , no deductible applies

Outpatient mental health telemedicine or telehealth cognitive therapy consultations by a physician or behavioral health provider	\$30 copay , no deductible applies
Outpatient mental health telemedicine or telehealth visit	\$30 copay , no deductible applies
Other outpatient mental health treatment or skilled behavioral health services in the home, partial hospitalization treatment and intensive outpatient program	\$30 copay , no deductible applies

Substance Related Disorders Treatment

Coverage provided under the same terms, conditions as any other **illness**.

Description	In-Network
Inpatient substance related disorders detoxification , rehabilitation, and treatment in a residential treatment facility	25.00% Coinsurance after deductible
Other inpatient substance related disorders detoxification services and supplies, rehabilitation services and supplies, residential treatment facility services and supplies	25.00% Coinsurance after deductible
Outpatient substance abuse treatment visits to a physician or behavioral health provider	\$30 copay , no deductible applies
Outpatient substance abuse telemedicine or telehealth cognitive therapy consultations by a physician or behavioral health provider	\$30 copay , no deductible applies
Outpatient substance related disorders telemedicine or telehealth visit	\$30 copay , no deductible applies
Other outpatient substance related disorders services or partial hospitalization treatment and intensive outpatient program	\$30 copay , no deductible applies

Reconstructive Surgery And Supplies

Description	In-Network
Reconstructive breast surgery	25.00% Coinsurance after deductible
Other reconstructive surgery and supplies	25.00% Coinsurance after deductible

Transplant Services

Description	In-Network
Services and supplies	25.00% Coinsurance after deductible

11. Prescription Drugs/Medications

Per Prescription Cost Share

Tier 1 - Preventive Care Drugs And Supplements

Description	In-Network
For each 30 day supply filled at a retail pharmacy	\$0 per prescription or refill, no deductible applies
Limit	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered preventive care drugs and supplements, see the <i>How To Contact Us For Help</i> section.

Tier 2 - Generic Prescription Drugs

Description	In-Network
For each 30 day supply filled at a retail pharmacy	\$15 copay , no deductible applies
For all fills greater than a 30 day supply but no more than a 90 day supply filled at a retail pharmacy or mail order pharmacy	\$45 copay , no deductible applies

Tier 3 - Preferred Brand-Name Prescription Drugs

Description	In-Network
For each 30 day supply filled at a retail pharmacy	\$30 copay , no deductible applies
For all fills greater than a 30 day supply but no more than a 90 day supply filled at a retail pharmacy or mail order pharmacy	\$90 copay , no deductible applies

Tier 4 - Non-Preferred Brand-Name Prescription Drugs

Description	In-Network
For each 30 day supply filled at a retail pharmacy	\$60 copay , no deductible applies
For all fills greater than a 30 day supply but no more than a 90 day supply filled at a retail pharmacy or mail order pharmacy	\$180 copay , no deductible applies

IMPORTANT NOTE:

- If the **negotiated charge** or usual and customary fee is less than your **copayment**, you may only be required to pay the lower cost.
- Tier 2, 3 and 4 **specialty prescription drugs** are not eligible for fill at a **retail pharmacy** or **mail order pharmacy**.

Tier 5 - Specialty Prescription Drugs

Description	In-Network
For each 30 day supply filled at a specialty network pharmacy	\$250 copay , no deductible applies

Diabetic Supplies And Insulin

Description	In-Network
For each 30 day supply filled at a retail pharmacy	Paid according to the tier of drug in the <u>Schedule of Benefits</u> , above, but not to exceed \$10 copay for insulin, no deductible applies
For all fills greater than a 30 day supply but no more than a 90 day supply filled at a retail pharmacy or mail order pharmacy	Paid according to the tier of drug in the <u>Schedule of Benefits</u> , above, but not to exceed \$30 copay for insulin, no deductible applies

Orally Administered Anti-Cancer Medications

Description	In-Network
For each 30 day supply filled at a retail pharmacy or specialty network pharmacy	\$0 per prescription or refill after deductible

Outpatient Contraceptive Prescription Drugs And Devices

Description	In-Network
Female contraceptives that are generic prescription drugs and OTC drugs and devices. For each 30 day supply	\$0 per prescription or refill, no deductible applies
Female contraceptives that are brand-name prescription drugs and devices. For each 30 day supply	Paid according to the tier of drug in the <u>Schedule of Benefits</u> , above

IMPORTANT NOTE:

For in-network coverage, **brand-name prescription drugs** and devices are covered at 100% when a generic is not available.

Risk Reducing Breast Cancer Prescription Drugs

Description	In-Network
For each 30 day supply filled at a retail pharmacy	\$0 per prescription or refill, no deductible applies
Limit	Coverage will be subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered risk reducing breast cancer prescription drugs , see the <u>How To Contact Us For Help</u> section.

Tobacco Cessation Prescription And Over-The-Counter Drugs

Description	In-Network
For each 30 day supply filled at a retail pharmacy	\$0 per prescription or refill, no deductible applies
Limit	- Coverage is limited to two, 90-day treatment programs only. Any additional treatment programs will be paid according to the tier of drug per the <u>Schedule of Benefits</u>, above. - Coverage only includes a generic prescription drug when there is also a brand-name drug available. - Coverage is subject to any sex, age, medical condition, family history, and frequency guidelines in the recommendations of the United States Preventive Services Task Force. For details on the guidelines and the current list of covered tobacco cessation prescription drugs and OTC drugs, see the <u>How To Contact Us For Help</u> section.

IMPORTANT NOTE:

- See the Outpatient Prescription Drugs, Other Services section for more information on other prescription drug coverage under this plan.
- If **you** or **your prescriber** requests a covered **brand-name prescription drug** when a covered **generic prescription drug** equivalent is available, **you** will be responsible for the cost difference between the **generic prescription drug** and the **brand-name prescription drug**, plus the cost share that applies to **brand-name prescription drugs**.